



Support Crew Notes 2018

Notes to help you know what to do for the Hawke's Bay Adventure Race Saturday 14th July 2018

Start Line: TBA (45mins from Havelock North)

Start time:

07.30HRS RACE HQ Team Captains only to collect Maps and course notes (for teams and support crew), Sport Ident and SPOT devices.

08.00HRS RACE BRIEFING

09.00HRS START

15.00HRS FINISH

16.00HRS (Approx) RESULTS & PRIZE GIVING Results and prize giving
TBA There will be a BBQ meal available from approx 14.00hrs onwards
Hopefully your team you are supporting has been kind and brought you a meal ticket – these are available for purchase on entering (sorry no meal tickets will be available on race day)

Support Crews role:

It is the role of the support crew to transport your teams gear and prepare for the next section of the race. For example, in transition area's (TA) racers could go from foot to bike, you will need to have ready for your team their cycling gear, bike etc and extra supplies of food and water for the next leg of the race. Have any extra gear available in case they need additional warm clothing. It is a good idea to transport each team members gear in separate boxes or bags to allow for easy access in transition. Support crews are NOT allowed to assist teams outside the TA.

We recommend laying your teams gear out on a blanket or Tarp (if possible) with each competitors gear in separate corners. If you have chairs set up (that would be really nice of you!) your team can have a sit down and rest whilst re-fuelling and getting ready for the next leg of the event.

Support Crews rules:

- Please be aware you are travelling on roads that competitors may also be on – Do not speed!
- Please leave TA's as you find them.
- DO NOT assist your teams outside TA's, penalty points will be enforced.
- If you have a serious enquiry please contact a marshal at TA who will contact the Event Director David Tait.

Thank you for supporting your team!